



**SMALL
MIRACLES®
ACADEMY**

Weekly Menu 1

All Juice selections are 100% fruit juice / all heat & server items qualify for child nutrition standards (CN labels)

We serve Whole Grain Cereal, Bread, and Crackers.

	<u>Breakfast / Lunch</u>	<u>Snacks</u>
Monday	Milk & Water /W. Grain Cereal / Bananas Beenie Weenies green beans / mixed fruit Whole Wheat bread Milk & Water	A.M. Graham Crackers & Bananas Water P.M. Whole Grain Crackers & Peanut Butter 100% Juice & Water
Tuesday	Milk & Water / Waffles / Applesauce Spanish Rice w/ meat Mixed vegetables / Mixed Fruit Milk & Water W. Wheat Tortillas	A.M. Pretzels & Orange Slices Water P.M. Whole Grain Crackers 100% Juice & Water
Wednesday	Milk & Water /W. Grain Cereal / Bananas Corn Beef Sausage Casserole peas / pineapples Milk & Water Whole Wheat bread	A.M. Whole Grain Crackers & Cheese Slices Water P.M. Animal Crackers 100% Juice & Water
Thursday	Milk & Water / Waffles / Applesauce Turkey Sandwiches pickles/ carrots apples Milk & Water	A.M. W. Grain Cereal & Yogurt Water P.M. Woven Wheats 100% Juice & Water
Friday	Milk & Water / W. Grain Cereal Raisins Beef Hot Dogs carrots / pineapples Milk & Water	A.M. Whole Grain Crackers & Raisins Water P.M. Whole Grain Crackers 100% Juice & Water