



**SMALL
MIRACLES®
ACADEMY**

Weekly Menu 2

All Juice selections are 100% fruit juice / all heat & server items qualify for child nutrition standards (CN labels)

We serve Whole Grain Cereal, Bread, and Crackers.

| | <u>Breakfast / Lunch</u> | <u>Snacks</u> |
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| Monday | Milk & Water / W. Grain Cereal / Bananas Spaghetti & Meat Sauce green beans / pineapples Whole Wheat bread Milk & Water | A.M. Peanut Butter / Apple Slices Water P.M. Peanut Butter & W. Grain Crackers 100% Juice & Water |
| Tuesday | Milk & Water / Waffles / Applesauce Cheesy Mac w/ hotdogs peas / mixed fruit Whole Wheat bread Milk & Water | A.M. Whole Grain Crackers/ Bananas Water P.M. Vanilla Yogurt/W. Grain Cereal 100% Juice & Water |
| wednesday | Milk & Water / W. Grain Cereal / Bananas Chicken Rice Casserole mixed vegetables / peaches Whole Wheat bread Milk & Water | A.M. W. Grain Crackers/ apple Slices Water P.M. Whole Grain Crackers & chz slices 100% Juice & Water |
| Thursday | Milk & Water/ Waffles / Applesauce Turkey Sandwiches pickles/ carrots orange slices Milk & Water | A.M. Whole Grain Crackers/ Peanut Butter & Water P.M. Whole Grain Cereal & Yogurt 100% Juice & Water |
| Friday | Milk & Water / W. Grain Cereal / Raisins Meatball Subs apple slices / corn Milk & Water | A.M. Graham Crackers 100% Juice & Water P.M. Whole Grain Crackers & chz slices 100% Juice & Water |