



**SMALL
MIRACLES®
ACADEMY**

Weekly Menu 3

All Juice selections are 100% fruit juice / all heat & server items qualify for child nutrition standards (CN labels)

We serve Whole Grain Cereal, Bread, and Crackers.

	<u>Breakfast / Lunch</u>	<u>Snacks</u>
Monday	<p>Milk & Water / W. Grain Cereal/ Bananas Cheeseburger Macaroni Peas/ Man. Oranges Whole Wheat Bread Milk & water</p>	<p>A.M. Bananas & Whole Grain Crackers Water</p> <p>P.M. Whole Grain Crackers & Peanut Butter 100% Juice & Water</p>
Tuesday	<p>Milk & Water / Waffles / Applesauce Turkey & Potatoe Casserole Green beans / peaches Whole Wheat bread Milk & Water</p>	<p>A.M. Whole Grain Crackers & Raisins Water</p> <p>P.M. Whole Grain Cereal & Yogurt 100% Juice & Water</p>
Wednesday	<p>Milk & Water /W. Grain Cereal / Bananas Chicken Noodles Mixed vegetables / Pineapples Whole Wheat Bread Milk & Water</p>	<p>A.M. Peanut Butter & Apple Slices Water</p> <p>P.M. Whole Grain Crackers & Chz Slices 100% Juice & Water</p>
Thursday	<p>Milk & Water / Waffles / Applesauce Beef Bologna Sandwiches Apples/ carrot sticks Milk & Water</p>	<p>A.M. Whole Grain Crackers & Raisins Water</p> <p>P.M. Whole Grain Crackers 100% Juice & Water</p>
Friday	<p>Milk & Water / W. Grain Cereal / Raisins Sloppy Joes Corn / Mixed Fruit Milk & Water</p>	<p>A.M. Whole Grain Crackers & Chz Slices Water</p> <p>P.M. Whole Grain Cheese Crackers 100% Juice & Water</p>